

Living Soul of New York ABA

quarterly newsletter

February 2025 | One Client. No Limits. Endless Results.



Parents: call to action!

Protect Access to ABA services!
New York State is proposing Medicaid cuts that will directly impact availability of essential ABA services and support. If these cuts go through, access to quality ABA therapy will be severely limited, affecting many of our clients and families.

We need YOUR voice to help protect these vital services. The New York State Association for Behavior Analysis (NYSABA) has made it easy for you to learn more. Visit [this website](#) to send a letter to our governor urging them to protect funding for ABA.

Every voice matters. Your advocacy can make a difference in ensuring that our children continue to receive the support they need. Act now and stand up for New York's neurodiverse population and their families!

AutismUp! Resources

- Parent Connection Meetups
 - Morning Meetups: Wednesday
 - 9:30-11AM @ Golisano Autism Center
 - Evening Meetups: Wednesday
 - 7-8PM @ ZOOM
 - 18+ Parent Meetups: Tuesday
 - 7-8PM @ ZOOM
 - Early Childhood Meetups: Weds.
 - 9:30-11AM @ ZOOM
 - Spanish Meetup: 3rd Tuesday
 - 7-8PM @ ZOOM

Grandparent Connection Meetups
Wednesday 12-1PM
Hybrid: @ Golisano Autism Center &
ZOOM

[Register For Workshops Now!](#)

NextUp Conference: February 28th
8:30AM - 4PM; this conference features presentations, moderated discussions, and resources on topics related to the transition to adulthood. (\$100/person)

programs@autismup.org

Say hey!



Mackenzie Jaquith
BCBA-LBA

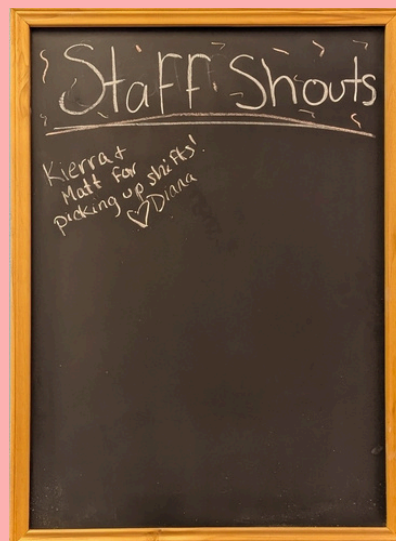
I am a Licensed Behavior Analyst (LBA) and Board-Certified Behavior Analyst (BCBA) in New York with over 19 years of experience with individuals with disabilities. I started as a Certified Nursing Assistant and earned my Master's in Applied Behavioral Analysis from Salve Regina University. I have worked in various settings, including schools, clinics, and adapted to telehealth during the pandemic. Since returning to New York in 2021, I have continued my practice and have overcome breast cancer. I am a dedicated and hardworking individual who believes there are endless possibilities.



Heather Eckstrom
BCBA-LBA

I am a Board Certified and Licensed Behavior Analyst. I received my masters in Foundations of Behavioral Science, and completed my BCBA coursework. I have over 8 years of experience providing behavior support to children with developmental disabilities in the home and school settings. I worked in the behavior field as a registered behavior technician, an agency positive support professional, and a behavior consultant. I am dedicated to helping children grow and reach their goals, despite challenging behaviors.

Living Soul of NY wants to thank all of our wonderful technicians! We could not do the work we do without you. Our clients are so lucky to see you day in and out.



Special shoutouts this year so far go to Matt Prendergast and Kierra Cooper for picking up shifts when clients are in need. Thank you, Living Soul NY is beyond grateful.

Activities for the Winter Months



♥ Sensory Heart Bin: fill a bin with red and pink rice, pom poms, or heart-shaped beads. Have your child sort by color or texture to work on fine motor skills.

♥ DIY Valentine's Cards: practice handwriting, fine motor, and social skills by making Valentine's cards for friends and family.

♥ Ice Cube Color Mixing: freeze water with different food coloring and let your child explore color mixing as the ice melts.



ABA Corner

Positive Reinforcement

an operant (learned) behavior contingency in which a behavior is emitted, a stimulus is added to the environment, and as a result, the behavior is more likely to occur in the future.

Positive refers to adding something, and reinforcement refers to increasing the probability of something happening again in the future.

ex. child cleans their room more often as a result of a token being earned.